Grace Community School-Tyler Weightlifting (C)



## Camp of Champs - Speed & Agility MS/HS Boys

Camp Start Date: June 5, 2023 Start Time: 8:00:00 AM

Camp End Date: July 19, 2023 End Time: 9:30:00 AM

Date Details: Incoming 9-12 boys 8:00am- meet in the weight room. Completed at field at around 9:30. .Off Dates: 4th of July week, Thurs 7/20- LAST DAY OF CAMP IS Wed 7/19. Incoming 2023 HS and MS boy Athletes. MS Boys begin at field, HS boys begin in the weight room.

Venue Name: Clyde Perkins Field

Venue Address: 3001 University Blvd, Tyler, TX 75701

Camp Cost: \$275.00

Questions: Tim Russell tim.russell@gracetyler.org

## **Special Notes:**

"Camp of Champs†will be a great experience for all of our student athletes. While we expect the summers to be full of family vacations, activities, and other trips; we strongly urge all of our athletes to attend as many sessions as possible to be the best version of themselves that they can be. We encourage all college camps and anything that can make them better. We feel that the "Camp of Champs†will be a big part of their success in all of their activities. Teams and individuals that reach their potential, do so by being intentional about being their best throughout the year. Enjoy your summer and be prepared to be the BEST! See you soon! We have studied the best all around college and high school athletic programs to try to come up with the most comprehensive workout programs for our athletes to reach their full potential. Athletes will be under the direction of the Cougar athletic staff and the dates are spread throughout the summer, but the times and locations will be stable. Athletes should wear comfortable clothes and have flat tennis shoes and cleats if possible.

## Medical Info:

I give my permission to the camp staff to secure medical attention for my child in case of emergency. I will also allow any photos taken of my camper to be used in future promotions for Grace Community Camps via website or brochures. I release all the staff and Grace Community Church and School from any and all liability.