

Grace Community School-Tyler

Volleyball (F)



## Volleyball Skills Camp - HS

Girls ONLY. Entering grades 9th-12th

**Camp Start Date:** June 22, 2026

**Start Time:** 2:00 PM

**Camp End Date:** June 25, 2026

**End Time:** 4:00 PM

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**Venue Name:** High School Gym

**Venue Address:** 3001 University Blvd, Tyler, TX 75701

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**Camp Cost:** \$140.00

**Questions:** Ashley Zavala [ashley.zavala@gracetyler.org](mailto:ashley.zavala@gracetyler.org)

### Special Notes:

Day 1 " Passing & Setting We will learn the basics of passing and setting in a fun, easy-to-understand way. Players will practice proper hand and body positioning through drills and games that help build confidence and control. Day 2 " Serving & Serve Receive Players will learn how to serve the ball over the net and how to pass a serve. Each athlete will receive hands-on instruction and lots of reps. We'll end the day with a fun 6 vs. 6 game so players can try their new skills in action. Day 3 " Hitting & Blocking We will introduce the basics of hitting and blocking, with a focus on simple footwork and timing. Players will learn how to jump, swing, and block safely and correctly. The day will finish with 6 vs. 6 play. Day 4 " Defense & Floor Skills Players will learn how to move their feet, stay ready, and play strong defense. We'll practice digging and passing faster balls in a supportive environment. We'll wrap up the camp with extended 6 vs. 6 play to use everything learned throughout the week.

### Medical Info:

I give my permission to the camp staff to secure medical attention for my child in case of emergency. I will also allow any photos/videos taken of my camper to be used in future promotions for Grace Community Camps via website/social media platforms or brochures. I release all the staff /coaches/camp volunteers and Grace Community Church and School from any and all liability.